



Dear Friends,

The quarter ending December, 07 was eventful in many respects for the foundation. There was a flurry of activities during the period at all our centers.

Prerana our association for the kidney failure patients completed 5 years of its fruitful existence. IRF celebrated the event through an Antakshri by the patients from all the centers. The event was enjoyed by all the participants. We are grateful to Shri Rajiv Gandhi, MD of Hester Pharma for sponsoring the event and also gracing the occasion as the Chief Guest.

Our advisory committees at Ahmedabad, Baroda and Surat are already active and the foundation receives good support and guidance from the members of advisory committees. Recently formed Rajkot advisory committee has also taken its role seriously. We are thankful to all the members and particularly Shri Kamlesh Joshipura, Vice Chancellor of the Saurashtra University for helping us to conduct awareness programmes with Saurashtra University.

I would like to profusely thank Mr. Arun Jagatramka VC & MD of Gujarat NRE Coke Ltd. for donating a handsome amount of Rs. 5.00 Lacs to the foundation at the well attended Global Steel Conference at Kolkatta in Nov, 2007. Shri Jagatramka is continuously supporting this noble cause for the last few years.

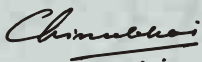
As per past this year also, IRF brought out Diwali greeting cards prepared by the patients themselves and also a beautiful table calendar with appealing photographs donated by Shri Varun Maira, IAS Principal Secretary in the Department of Culture in Government of Gujarat. We are grateful to the artists and Shri Maira in particular for his continued support to the foundation's activities.

IRF is vigorously pursuing the Cadaver kidney donation activity by playing the role of a facilitator between the patient's relatives and the hospitals. In order to strengthen this activity and generally create more awareness on the Cadaver kidney donation activity, IRF is periodically organizing ICU staff awareness programmes at different centers.

I would like to acknowledge the kind support received by the foundation from the medical fraternity, hospital managements, various authorities and the society at large. I express our deep sense of gratitude to all donors and advisory committee members who have stood by us in support of the noble cause.

Wishing you a very happy new year.

Best wishes,



CHINUBHAI R. SHAH
CHAIRMAN

Advisory Committee

Members :

Rajkot Chapter

1. Shri Ramesh Patel
2. Shri Chandubhai Virani
3. Shri Kishor Kadavani
4. Shri Hareshbhai Vora
5. Shri Shambhubhai Parsana
6. Dr. Sudhir Bhimani
7. Dr. Kamlesh Joshipura

Baroda Chapter

1. H.H.Shubhangini Raje Gaekwad
2. Shri G. D. Jalani
3. Shri Karan Grover
4. Shri B. E. Ballal
5. Shri Jal Patel
6. Shri Yogesh Velani
7. Shri Madhu Mehta
8. Shri Kunjal Patel
9. Shri Mahesh Shah

Surat Chapter

1. Shri Arun Jariwala
2. Shri I. J. Desai
3. Shri Rajnikant K. Marfatia
4. Shri Ravindra Vepari
5. Shri Rajendra Chokhawala
6. Dr. Nandita Arbatti
7. Dr. Meena Mandlewala
8. Shri Kamlesh Yagnik
9. Shri Rohit Mehta
10. Shri Nilesh Mandlewala
11. Dr. Mayuriben Shah

We thank Shri S. A. Kadri, General Secretary, State Bank of India Employee's Union; Shri R. B. Rathi, Shri Kanubhai Parikh and Shri Ravi Sheshadri who helped us in organizing above programmes.

In Surat,

- Rally conducted to spread awareness regarding importance of Kidney. Rally was flagged off by Police Commissioner of Surat Shri R.M.S. Brar.
- Distribution of prevention card.
- Felicitation programme for Cadaver kidney donor family, Shri Kanubhai Mavani, Mayor of Surat was invited as a Chief Guest.

We are thankful to ABN AMRO Bank, who sponsored both the event. We thank Shri Rajanibhai Marfatiya and all colleges who supported us in organizing such programme.



Detection camp for kidney at Trikon Baug, Rajkot

In Rajkot,

Detection Camp and distribution of prevention card at Trikon Baug, Rajkot

We are thankful to Nephrologist namely Dr. Sanjay Pandya and Dr. Divyesh Viroja, & Dr. Ashwin Limbasia, Urologist for giving their valuable time. We are grateful to Dr. Reddy's Laboratory for sponsoring the event.

In Vadodara,

Awareness thru Bhavai and distribution of prevention card at Gandhinagar Gruh Road, Vadodara.

Public Awareness Programme

We organized public awareness programme on 15th March 2008 at Gajjar Hall, Ahmedabad. The programme was organized on 'Effects of High Blood Pressure & Diabetes on Kidney'.

Objective was to make people aware about impacts of two prevailing silent diseases, Blood Pressure and Diabetes.

To simplify the messages, IRF organized 'Bhavai' for the first time in Ahmedabad. A team of 8 people was invited from Vadodara to perform.



'Bhavai' performed on prevention of kidney diseases



Question-answer session by Panel of Doctors during open programme

We invited well-known nephrologists namely Dr. Jagdeep Shah, Dr. Apurva Parekh and a diabetologist Dr. Parag Shah as speakers of the programme. Dr. Jagdeep Shah gave a nice presentation on Effects of High Blood Pressure on kidney. Dr. Parag Shah spoke on prevention of diabetes and Dr. Apurva Parekh talked on effects of diabetes on kidneys. A question answer session was conducted after the presentations.

Shri Rajiv Vastupal, M.D., Rajiv Petrochemicals invited as a Guest of Honour for the programme.

More than 225 people attended the programme. A free detection camp for kidneys was also organized by IRF.

We are thankful to all the doctors and Shri Rajiv Vastupal who gave their valuable time and encourage us. We are grateful to RPG Life Sciences for sponsoring the programme. We are thankful to all Print & Electronic media who supported us for the promotion of the programme and giving good coverage of the programme.



Audience during public awareness programme



Exhibition at Surat

Exhibition at Surat: IRF participated in 'Udyog 2008' exhibition organised by Southern Gujarat Chambers of Commerce between 4th to 8th January 2008 at Vanita Vishram ground, Surat. More than 10,000 people were aware about importance of kidneys during exhibition.



Happenings

Prevention Through Awareness Programmes

We conducted total 61 awareness programmes in this quarter in all the four chapters.

In **Ahmedabad** we arranged 25 awareness programmes. Major programmes were done in Union Bank of India, State Bank of India, Bank of Baroda, The Lions Club of Ahmedabad Fort, Gujarat S. T. retired employee's union, Kutchi Bhavan, The Royal Highness Hotel, Urban Health Centre, Jan Shikshan Sansthan and Ankur Vidyalaya, etc.

In **Vadodara** we have done total 10 programmes in this quarter. Some of them are Purva Prathmik Shikshan Kendra, Dashrath Indira Nagar, Nr. GSFC and MSW College etc.

We also organized awareness thru 'Bhavai' at Nyay Mandir, Harinagar. This programme is supported by United Way of Baroda.

In **Surat**, we organized 12 awareness programmes. Some major programmes were arranged at Urban ICDS Limbayat at Padmavati Society, Bhavna Nagar, Maruti Nagar, Pratap Nagar, ITI Kamrej Arts, Science & Commerce college Kholwad, Nandanvan developers, K.V.C.O. secondary school, Kamrej etc.

In **Rajkot** we organized 14 programmes. Some of them are organized at Perfect Bearing, Bharat Engineering, Ramolia Casting and L. B. S. Girl's High School, etc.

Miscellaneous:

- We arranged 10 days vocational training of embroidery for Prerana members and member's relatives especially for females. Objective of the training is to make them capable to earn and to give financial support to the family. Training was conducted with the help of Jan Shikshan Sansthan.
- In Ahmedabad, under save a life programme now we help 35 needy patients per month.
- Our Surat Chapter was facilitator for the Cadaver Donation in the month of February 2008

ICU awareness programme, Ahmedabad

We organized ICU awareness programme on Cadaver Kidney Donation on 9th January, 2008 at Shardaben Hospital, Ahmedabad. 20 ICU staff members and doctors attended the programme. We explained them importance of Cadaver Kidney Donation. We explained them 'Jivandan' programme run by IRF.



ICU awareness programme at Shardaben Hospital



Presentation related to dialysis by Nephrologist at Ahmedabad

Technicians & Nurses Refresher's programme, Ahmedabad

We organised a Dialysis technicians and nurses' refresher programme on 27th January 2008 at Ahmedabad Management Association. Well known Nephrologists of Ahmedabad Dr. Lalit Shah, Dr. Himanshu Patel and Dr. Asit Mehta gave a presentation on topics related to dialysis. The objectives of the programme were to make them aware of the latest developments, to share their experiences and to learn from other's experiences. Total 40 technicians from Ahmedabad, Vadodara, Rajkot, Amreli, Mahuva, Godhara and Disha attended the programme. We are grateful to TAKSAL Pharma Pvt. Ltd. for sponsoring the programme.

Celebration of World Kidney Day

The purpose of World Kidney Day is to raise awareness about the importance of our kidneys. It was launched for the first time in 2006 and it is held the second Thursday of March.

On the occasion of World Kidney Day we had organized various programmes in second week of March.

In Ahmedabad,

- Awareness camp at Claris Life Sciences Pvt. Ltd., Bavla, Ahmedabad
- Awareness with kidney disease detection camp at New Cloth Market Public Charitable Trust.
- Blood Donation camp with Prathama at State Bank of India Employee's Union.
- Public Awareness programme on 'Effects of High Blood Pressure & Diabetes' at Gajjar Hall, Ahmedabad.



Blood Donation camp at State Bank of India Employee's Union office, Ahmedabad



6th January 2008, Vadodara

This time, we organised picnic for Prerana members of Vadodara. Picnic was arranged at Garudeshwar, Rajpipla. Around 48 Prerana members, their relatives and technicians participated. Prerana members enjoyed sightseeing and playing games. It was a wonderful time for the Prerana Members.

3rd February 2008, Rajkot

We organized informative programme for the Prerana members of Rajkot. We invited Dr. Kamal Parikh to talk on Positive Attitude. This programme was useful for Prerana members to develop positive attitude towards life. 39 patients attended the programme with their family members. We are thankful to Shri Ketan Kotak and Shri Anuj Vyas for sponsoring the food.

2nd March 2008, Ahmedabad

We organized educational programme for Prerana members at Shrimad Vallabh Sadan Hall, Ahmedabad. We invited well-known Nephrologist of Ahmedabad Dr. Sonal Dalal who spoke on 'Complication during dialysis and how to overcome. It was a very informative programme for the Prerana members. 32 patients attended the programme with their relatives. We are thankful to Dr. Sonal Dalal for giving her valuable time and encouraging us.

As a part of our rehabilitation activity we had invited people from Kotak Mahindra Bank to employ our Prerana members in insurance sector. They made a very good presentation and patients have shown interest in joining insurance sector.

16th March 2008, Surat

We arranged a picnic for the Prerana members of Surat. We took them religious places like Baruman, Saibaba Mandir, Swaminarayan Mandir and Tadkeshwar Mahadev. All the Prerana members enjoyed at beach of Tithal. 30 Prerana members enjoyed with their family members.

We thank Prerana member Shri Chandrakant Modi for sponsoring morning breakfast. We are thankful to Shri Haresh Dave who sponsored the traveling expenses. We thank Shri Vinodbhai Mandlewala and Shri Jayeshbhai who contributed expenses of hall and evening tea & snacks. We also thank Smt. Jyotiben Mehta for sponsoring the sweets.

Annual Members	Ahmedabad: Shri Priyavadan P. Shah Vadodara: Mr. Anamisharan Ratilal Panchal Surat: Mr. Muradbhai Lalani, Bhadrrika B. Gandhi
5 year's Membership	Ahmedabad: Shri Harshadkumar C. Modi
10 year's Membership	Ahmedabad: Shri Vijaykumar Prakashchand Jain
Life Membership	Ahmedabad: Shri Ashokkumar Chhotubhai Parikh, Shri Nitinkumar Dalsukhray Parekh
Patron Membership	Vadodara: Shri Karan Kanwal Grover
Corp. Membership Gold	Ahmedabad: Krishna Enterprise, New Cloth Market Public Charitable Trust

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